



Medicina Integrativa - A Cura pelo Equilíbrio (Portuguese Edition)

Paulo de Tarso Lima

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Praticada em grandes hospitais e universidades do mundo todo, a medicina integrativa vê o paciente como um todo, inter-relacionando sintomas, qualidade de vida e alimentação. O objetivo não é apenas curar, mas tornar o paciente ativo em sua recuperação e transformar seus hábitos para melhor. Escrito por um dos maiores especialistas da área, o livro traz informações sobre os tratamentos, a filosofia e os resultados da medicina integrativa.

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