



Mom, sex is NO big deal!: Becoming your daughter's ally in developing a healthy sexual identity

Sharon Hersh

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“But Mom, it’s not the same as when you were a teenager....”

Your daughter is right. Never before have teenage girls been so inundated with the idea that sex is a natural part of teenage relationships. The media, the Internet, and your daughter’s peers reinforce this myth daily. In fact, the *majority* of teenage girls will experiment with sex. And never before has the price tag of teen sexual behavior been so high—disease, depression, and a distorted view of self.

This is a book of hope and empowerment.

The good news is that you can use the challenges your daughter faces today as catalysts to help her develop a sacred view of sex and of herself. Your daughter *will* make critical decisions during her adolescence and those decisions will have lifelong consequences. But you, as a mother, can have enormous influence over your daughter if you are prepared. *“Mom, Sex Is NO Big Deal!”* will arm you with information and strategies to help your daughter arrive at a place of wholeness as she makes decisions about how she will behave sexually during the most vulnerable period of her life.

From the Trade Paperback edition.

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