



The Way to a Man's Heart - The Settlement Cook Book

Lizzie Black Kander

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Originally published in 1903, this cook book features authentic American recipes, European cooking, and Jewish favourites. It was put together by the cooking students at the Milwaukee Settlement House and was an important staple of the American kitchen for more than fifty years. Contents Include: Rules for the Household Beverages Cold Drinks Fruit Syrups Bread Toast Kuchen Mixtures with baking Powder Fried Cakes Cereals Eggs and Omelets Soups Fish Sauces for Fish and Meat Meat Veal Warmed Over Meats Poultry Vegetables Warmed Over Potatoes Vegetables Sauces for Vegetables Salads and Salad Dressings Salads Entrees Chafing Dishes Custards, Puddings and Pudding Sauces Puddings Hot Puddings Pudding Sauces Ice Cream and Frozen Puddings Sherbet Frozen Puddings Pastry Pies Cakes Sponge Cakes Tortes Cake Frostings and Fillings Cookies Kisses Confections Luncheon and Picnic Dainties Cooking, Preserving, Canning Fruit Jelly Preserves Pickling

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