



Die Single-Falle: Frauen und Männer in Zeiten der Selbstverwirklichung (German Edition)

Lena Kornyeveva

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Lob der Zweisamkeit – wie wir die Liebe wieder finden

Alles soll perfekt sein: der Job, das Aussehen, das Zuhause, die Beziehung. Das Ergebnis ist ein Gefühl des Ungenügens. Und die Liebe? Bleibt auf der Strecke. Zwar wünschen wir uns eine uns erfüllende Zweisamkeit – doch die scheint heute immer unerreichbarer. Viele leben als unglückliche Singles »undercover« in erkalteten Beziehungen. Oder sie bleiben gleich allein: Die Zahl der Singles wächst von Jahr zu Jahr. Das Unglück der Betroffenen ist groß, Ersatzbefriedigungen helfen über die unerfüllte Sehnsucht nach Nähe nicht hinweg. Die Psychologin Lena Kornyejeva schildert die Ursachen und die Folgen der um sich greifenden Vereinsamung und zeigt Wege aus der Single-Falle. Ein kluges, sensibles Plädoyer für die Wiederentdeckung der Liebe.

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Robert Murphy:

Playing with family in a very park, coming to see the coastal world or hanging out with close friends is thing that usually you have done when you have spare time, then why you don't try point that really opposite from that. One activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you are ride on and with addition of information. Even you love Die Single-Falle: Frauen und Männer in Zeiten der Selbstverwirklichung (German Edition), you can enjoy both. It is good combination right, you still wish to miss it? What kind of hang type is it? Oh come on its mind hangout people. What? Still don't understand it, oh come on its known as reading friends.

Irene Robertson:

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