



Culture of the Fork: A Brief History of Everyday Food and Haute Cuisine in Europe (Arts and Traditions of the Table: Perspectives on Culinary History)

Giovanni Rebola

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The Renaissance and the age of discovery introduced Europeans to exotic cultures, mores, manners, and ideas. That kitchen revolution led to the development of new utensils and table manners. Rebora discusses the availability of resources, how people kept from starving in the winter, how they farmed, how tastes developed, what the lower classes ate, and what the aristocracy enjoyed.

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