



El arte del placer sexual: Ejercicios y tecnicas para alcanzar nuevas cimas de extasis y placer (Spanish Edition)

Barbara Keesling

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Geared towards individuals who want to experience making love as an extremely pleasing interchange that is equally physical and emotional, this informative handbook teaches how to feel pleasure through the sense of touch. It argues that to reach profound sexual pleasure, one must learn how to enjoy the feeling of caresses in a relaxed and stress-free way. Additionally, exercises to increase pleasure and prolong sex are included.

Dirigido a las personas que deseen experimentar el acto de hacer el amor como un intercambio extremadamente placentero, tanto en el plano emocional como físico, esta guía informativa enseña cómo sentir placer a través del sentido del tacto. Discute que para experimentar un profundo placer sexual, hace falta aprender a gozar de las caricias de forma relajada y sin ansiedad. Además, se incluyen ejercicios para aumentar el placer y prolongar el acto sexual.

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