



Spiritual Resiliency in Older Women: Models of Strength for Challenges through the Life Span

Janet L. Ramsey, Rosemary Blieszner

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Spiritual Resiliency In Older Women records the narratives of spiritually resilient older German and American women. The authors suggest how persons of all ages can gain maturity and spiritual coping by participating in communities based on faith, which acknowledge the emotion of spiritual experiences and integrate faith and close human relationships.

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