Willing Change

Jane Collins

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This book was written for anyone who wants a better future.

You were born knowing how to accomplish with ease, but with the influence of others you have formed mindsets that limit what you allow yourself to have, do, and be. Willing Change provides a simple and easy to use five- step model that helps you to learn the mindsets that slow you down or hold you back; and to learn the mindsets that you need to change how you feel, solve problems, make better decisions, accept unplanned circumstances, and integrate your new mindsets with your new focus for change.

You owe it to yourself to create the future you desire and you can accomplish it with less effort than you believe. Will the changes you want in your life. All that is required is your innate ability to think and focus.

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