



My Life as a Novel

John Bredin

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Who of us hasn't dreamed that our own life might be as vital, interesting, and colorful as the characters who come alive for us in literature and cinema? Sadly, too often our actual lived lives appear dull, banal, and routine compared to the exciting literary heroes who captivate our attention in the world of fiction. Here to rescue our own lives from boredom, John Bredin proposes a radical new conception of the novel in which you, a real human being, might become the literary or cinematic star of your own life. Central to Bredin's revolutionary new art/ life dialectic is the concept that, in the current historical period defined by ecological crises and the smothering of democracy by a growing corporate authoritarianism, the new hero of literature, cinema, and life ought to be the activist.

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