



# **It's Not Okay to Be a Cannibal: How to Keep Addiction from Eating Your Family Alive**

*Andrew T Wainwright, Robert Poznanovich*

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Two of today's top addiction consultants guide families devastated by a loved one's addiction. As countless families can attest, addiction is a disease that destroys families, not just individuals. Secrecy, depression, anger, and confusion are hallmark traits of addicted families. Addiction wrecks the family's home life, consumes the family's financial resources, and depletes the family's emotional reserves. Now, having helped thousands of families confront addiction, two of the nation's leading interventionists, Robert Poznanovich and Andrew T. Wainwright, have created a survival guide for families. With compelling case histories and real-life scenarios, the authors set forth a practical course of action for families to break free from the grip of addiction, a process that culminates with an intervention for the addict. The process liberates and forever changes the family. Even if the addict refuses treatment, truth about addiction has been spoken during the intervention and the family is free to move ahead with or without the addict.

In 2001, authors Andrew T. Wainwright and Robert Poznanovich founded Addiction Intervention Resources, Inc. (AIR), a national behavioral health consulting, intervention and recovery management company that provides solutions to families and organizations that are struggling as a result of addictions, eating disorders, and mental illness in their homes and offices. They specialize in alcohol intervention, drug addiction intervention, sex addiction intervention, gambling intervention, eating disorder intervention and other compulsive self-destructive behavior interventions as well as mental health intervention and crisis management.

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