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Coaching Football

Tom Flores, Bob O'Connor



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"This is the ultimate textbook for coaches and serious students of football."

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Written for coaches and players at all levels, this is a total update of the most complete guide to coaching football. Filled with in-depth advice on how to organize a season of practices, this invaluable resource provides the latest strategies on everything from running, passing, and receiving to scouting, injury prevention, and sportsmanship.

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