



Exercise Testing for Primary Care and Sports Medicine Physicians

Corey H. Evans, Russell D. White

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This practical book is an ideal guide to exercise stress testing geared specifically for primary care, family medicine, and sports medicine physicians. Designed to be a definitive reference, the text breaks down related data and research and offers it in a manner that emphasizes clinical application. Sections are devoted to performing the exercise stress test, test interpretation and application, and sports medicine applications. An evidence-based approach is incorporated where appropriate, and insightful cases highlight patient management. Common abnormal responses and risk stratification of symptomatic and asymptomatic patients are detailed. Imaging is also featured. Flow charts and algorithms further aid with the decision-making process. Hospital privilege, risk, and medical-legal concerns are addressed as well. The book is complete with appendices that outline equipment requirements and reimbursement and coding. With its straightforward presentation of key material, this text is a welcome resource for those caring for athletes and patients at risk for heart disease.

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