



Never Say Die: The Making Of A Healer

Pauline and David McNab

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A powerful and provocative collection of metaphysical essays which probe the hidden depths of the human condition, and offer some revolutionary insights and solutions to age-old problems. Based on the authors' personal healing experiences, and the healing of many people they have worked with over the years, these essays will open your eyes to some hidden truths of human life. "The root cause of all illness", claims Pauline Avis, "is emotional". She argues that the body is connected to a universal collective consciousness, and possesses an unfathomable intelligence and a natural ability and tendency to heal itself of any condition and, if properly looked after, can sustain itself in perfect health indefinitely. These arguments are not just rhetoric; this book is filled with examples of people who have healed through their willingness to examine all of their core beliefs and release a lifetime of blocked painful emotions (which most people tend to keep suppressed, at great cost, in the depths of the subconscious). If you're challenged by emotional or spiritual distress, physical illness, or other misfortune, or if your life is generally happy and you're just looking to deepen your understanding, this book is a must-read.

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