



Kick Anxiety: Let Go of Anxiety and Live In the Peace of God

Anne Laidlaw

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Do you find yourself constantly worrying? Are you feeling trapped and anxious, powerless to change your seemingly hopeless situation?

In *Kick Anxiety*, author and counselor Anne Laidlaw encourages readers to get to the root of their anxiety so they can overcome the doubt, unbelief, and other self-destructive patterns of behavior that are destroying them physically, mentally, and spiritually.

Don't give anxiety the power to steal your joy. Make the decision to cast your fear and anxiety upon God, and surrender the burdens you were never meant to bear. These inspired words will encourage you to stop relying on yourself and give God complete control of your life, knowing that He is your safe place. When you do, you will Kick Anxiety and begin to enjoy the abundant life that only God can offer!

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Kathleen Hernandez:

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Debbie Yarborough:

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