



Applied Helping Skills: Transforming Lives

Leah M. Brew, Jeffrey A. Kottler

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Applied Helping Skills: Transforming Lives Leah M. Brew, Jeffrey A. Kottler Highly practical and student centered, **Applied Helping Skills: Transforming Lives**, is an experiential text focusing on basic skills and core interventions. Although it has a consistent a big-picture perspective, this book emphasizes the role of counselors to make contact with their individual clients, to help them feel understood, and to clarify the major issues that trouble them.



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