



Finding Time for Serenity: Every Woman's Book of Days

Barbara Cawthorne Crafton

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Almost every woman knows the press of busy days—days when we can't keep track of what we've done (or haven't done), much less find five minutes to rest. These daily meditations from best-selling author Barbara Crafton—wife, grandmother, priest, retreat leader, and spiritual director—will help women restore the balance and bring perspective into their daily lives.

Crafton explores the things women know well: bags under the eyes, people who monopolize meetings, office politics, middle-age pride, kids leaving home, faith, love, destiny, the impossible images women's magazines perpetuate, friendship, and many more. Here she becomes the wise and funny friend every woman needs every day.

Barbara Cawthorne Crafton is an Episcopal priest and popular preacher, retreat leader, and writer. Her articles and reviews have appeared in the *New York Times*, *Reader's Digest*, *Family Circle*, *Glamour*, *Episcopal Life*, and other publications. She is the author of many books, including *Let Every Heart Prepare*, *Some Things You Just Have to Live With*, *Meditations on the Psalms*, *The Sewing Room*, and others available from Morehouse Publishing. She lives in New Jersey.

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Christopher Hairston:

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Alma Young:

Spent a free the perfect time to be fun activity to do! A lot of people spent their spare time with their family, or all their friends. Usually they carrying out activity like watching television, planning to beach, or picnic inside the park. They actually doing same thing every week. Do you feel it? Would you like to something different to fill your personal free time/ holiday? May be reading a book is usually option to fill your cost-free time/ holiday. The first thing you will ask may be what kinds of reserve that you should read. If you want to consider look for book, may be the publication untitled Finding Time for Serenity: Every Woman's Book of Days can be good book to read. May be it can be best activity to you.

Gail Tate:

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Sherri King:

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