



Aging: An Introduction to Gerontology

Lewis R. Aiken

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In this interdisciplinary text, Lewis R Aiken examines the elements that influence people in the later stages of life.

Beginning with an historical overview of gerontology, the author discusses both pragmatic and philosophical concerns within the field. Factors impacting the process and results of ageing are carefully outlined and address such areas as biology, psychology, sociology, economics and politics. The interpersonal variability of the older population is stressed throughout the book, recognizing gender, ethnic, racial and cultural differences. Each chapter concludes with: a thorough review of the material covered; a series of questions and activities designed to enhance the learning experience; and a list of sugges

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