



Dictionary of Nutraceuticals and Functional Foods (Functional Foods & Nutraceuticals Series)

Michael Eskin, Snait Tamir

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Health professionals are recognizing the major role that nutraceuticals play in health enhancement. As a result, there is a dramatic increase in research aimed at identifying new functional foods and nutraceuticals. There is not, however, a single source that presents this research in a thorough and accessible manner. Comprehensive and complete, the **Dictionary of Nutraceuticals and Functional Foods** is the first reference of its kind written explicitly for this rapidly developing field.

The book provides clearly written, concise, science-based information on over 470 nutraceutical and functional food products and compounds. Each entry lists the most current information on the product or compound and its role in the promotion of health or the prevention of disease, as well as peer-reviewed literature references. In addition, this thorough reference contains 172 chemical structures, 102 figures, 73 schemes, and 64 tables to facilitate recognition and understanding.

Concise and accessible, the **Dictionary of Nutraceuticals and Functional Foods** is a convenient single source reference that defines the most commonly used terms in the field of nutraceuticals and functional foods.

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