



# Authentic Cuban Cuisine

*Martha Cortina*

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## Authentic Cuban Cuisine Martha Cortina

Strongly influenced by Spanish traditions, with touches of African and Caribbean tastes, Cuban cuisine is as much about family as it is about flavor. This traditional collection of classic Cuban recipes includes every beloved dish, from Arroz Con Pollo and Mojo Sauce to Shredded Beef (Ropa Vieja), Boliche (Pot Roast), and Fried Sweet Ripe Plantains. Listed in both English and Spanish, each recipe boasts simple instructions and authentically Cuban results.

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As a college student exactly feel bored to help reading. If their teacher requested them to go to the library or to make summary for some book, they are complained. Just minor students that has reading's soul or real their leisure activity. They just do what the instructor want, like asked to go to the library. They go to at this time there but nothing reading really. Any students feel that looking at is not important, boring and can't see colorful images on there. Yeah, it is to become complicated. Book is very important for you. As we know that on this time, many ways to get whatever we would like. Likewise word says, ways to reach Chinese's

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