



The Food of North Italy: Authentic Recipes from Piedmont, Lombardy, and Valle d'Aosta (Periplus World Cookbooks)

Luigi Veronelli

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Bordered on the northwest by France and on the south by the Liuria region, the Piedmont, Lombardy, and Valle d' Acosta regions in northwest Italy are home not only to some of Italy's finest sceneries but also to some of the country's tastiest food. In addition to rich, sophisticated dishes, there are examples of country cooking, such as zabaglione (an egg yolk, sugar, and marsala dessert) and monte bianco (a chestnut dessert). Sample also some of the finest Italian red wines, Barolo, Barbaresco, Barbera and one of the world's best known sparklers, Asti Spumante.

This unique collection of over 50 recipes, with stunning photography and fascinating insights into the region, make *The Food of North Italy* the perfect cookbook for lovers of Italian food.

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