



Helping Children to Stay Healthy (From Birth to Three Series)

Ann Roberts, Avril Harpley

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This isn't about health and safety as such, it's about building the foundations of children's 'well-being': emotionally as well as physically.

Helping Children to Stay Healthy covers:

- emotional well-being
- growing and developing
- keeping safe
- healthy choices.

This handy little series of books links directly to the Government's *Birth to Three Matters Framework* (DfES 2002). It provides information and ideas for you to read and digest at your own pace, then implement or share with your team.

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Larry Pulido:

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