

BHS Manual for Coaching and Teaching Riding (British Horse Society)

Islay Auty

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BHS Manual for Coaching and Teaching Riding (British **Horse Society)**

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BHS Manual for Coaching and Teaching Riding (British Horse Society) Islay Auty

It is aimed at less experienced and trainee riding instructors, especially those involved with weekly riders and covers: How to develop communication skills and effective body language Advice on teaching adult novices and children, whether in groups or one-to-one Valuable multi-option lesson plans Choosing school horses and keeping them happy in their work Safety and insurance, and how to cope with mishaps and accidents Dealing with rider problems, such as nervousness, stiffness, poor co-ordination, etc.



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