

## **Storied Dishes: What Our Family Recipes Tell Us About Who We Are and Where We've Been**



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#### Storied Dishes: What Our Family Recipes Tell Us About Who We Are and Where We've Been

We are what we eat?not just physiologically, but culturally. This collection of cross-cultural, generational essays, and accompanying recipes shows the profound importance of food dishes within American women's lives.

• Over 40 contributors, including well-known food writers, food historians, scholars, chefs, editors, and other professionals, representing the spectrum of cultural backgrounds and experiences of American women

• Presents original, never before published works

• Showcases personal photos of contributors, stained and tattered recipes, unique foods, and women who originated dishes

• Introduction describes the involving story of the editor's initial inspiration and the scope of book

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