



Kids First: Health With No Interference

Ogi Ressel

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Designed for parents, teachers, health professionals, and all who share in the care of children, *Kids First* helps you determine the underlying causes of many children's illness and assists you in creating a healing program that will produce lasting results.

Chiropractic healer Dr. Ogi Ressel first looks at the history of conventional medicine, including the current focus on medication. The remainder of the book explains and explores how you can maintain children's health without using drugs that actually interfere with an individual's innate potential for wholeness. The topics covered include nutrition during pregnancy, infantile colic, fever, ear infections, asthma, and much more. Commonsense remedies are offered, and important topics such as vaccination are discussed in depth. Finally, the author provides the information you need to choose a chiropractor who can restore and safeguard your family's well-being.

If you have been looking for a more natural, more effective, and far safer way to care for children, *Kids First: Health With No Interference* will prove to be a valuable reference book as well as a lively bedside read.

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